



**Grades
1-3**

Primary Grades Lesson 1 Handout

Cyber Respect and Online Kindness

What is something we can “Ping” when using a digital device?	What is a “Pong” we might receive when using a digital device?
Sending a friendly text message to a friend	Getting a funny email from grandma

Online Kindness is:

Online Kindness:

Looks Like	<i>Write a post that represents online kindness</i>
Feels Like	<i>How must it feel to experience online kindness?</i>
Does not Feel Like	<i>What feeling might someone have if they're experiencing cyberbullying?</i>

Kids Help Phone:

Contact by text message at 686868 or by phone at 1-800-668-6868 from across Canada, 24 hours a day, 7 days a week; or access their resources online: kidshelpphone.ca

